Special Olympics Maryland Area Memo 3/15/2024

Special Olympics Maryland

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Welcome

If there are any members of your area's leadership who are not currently receiving the Area Memo, <u>please fill</u> out this form

Shout out a volunteer

This memo's shot outs go to...

Julie Johnson (University of Maryland), Kris DeJesus (Mount St. Mary's), and Jordan Carr (Towson) for their partnership in delivering great Unified Intramural Season this year! We are excited to get things going in the spring soccer and bocce seasons!

Please use the link below to submit your shout outs! https://www.surveymonkey.com/r/LV88QG9

(NEW) Volunteer Appreciation Week 2024- Shout out a Volunteer!

We are excited to celebrate Volunteer Appreciation Week in a little over a month! As part of National Volunteer Appreciation Week (April 21-27, 2024), SOMD will be highlighting some volunteers and their work on social media. If you have a program volunteer that you'd like to nominate as one of our highlighted volunteers, use the link below!

https://wkf.ms/3PgQgRq

If you have any questions, contact Sam Boyd at Volunteers@somd.org

(NEW) Law Enforcement Torch Run T-Shirt Campaign 2024

On 3/19, members of Law Enforcement from across the state will gather for the SOMD Law Enforcement Torch Run Kick Off! In the lead up to Summer Games, members of Law Enforcement will be in the community collecting donations and distributing t-shirts and hats. See below for this year's great shirt and hat design!



If you would like to be connected to a law enforcement agency near you to assist with t-shirt and hat campaign, email Jeff (Jabel@somd.org)

(NEW) New Sport Director is A Familiar Face – Jake Novick!

SOMD is very pleased to announce that our new Sport Director is a familiar face –Jake Novick who many of you will know from his role over the past year in the Local Program Development department as the Manager, Unified Recreation. Jake started in his new role this past Monday (March 11) and will be overseeing the sports of Bocce, Bowling (10 pin), Soccer and Tennis (and the locally popular sports of duckpin bowling, pickleball and speed skating). We're thrilled to have Jake as a new member of the sports team and looking forward to having you meet him in his new capacity.

Melissa, Elizabeth and Casey are also all with us and maintain all the sports they have had previously that weren't shifted to Jake's new position (a full listing is available at the end of this Area Memo (as is typically the case).

(NEW) Jersey Mike's Day of Giving with Special Olympics Maryland

We appreciate the partnership of many Jersey Mike's owners and stores across the state as they work to support our athletes through the Jersey Mike's Month (and Day!) of Giving. Throughout the month, customers can donate to Special Olympics at the register and on March 27, 100% of sales at the following stores will be donated back to Special Olympics Maryland.

- Salisbury
- North Salisbury
- Berlin
- Cambridge
- Edgewater
- Baltimore (Whitemarsh)

- Westminster
- Glen Burnie
- Dundalk
- Baltimore (Havenwood)
- Baltimore (Washington Blvd)

(NEW) Reminder- MinuteClinic & Women's Health Services Voucher

As programs prepare for spring sports seasons, it's a good time for a reminder about the national partnership with MinuteClinic!

Special Olympics North America has renewed the partnership with MinuteClinic, and, will once again be offering discounted sports physicals at a discounted rate. The attached voucher must be presented at the time of the physical AND athletes and families should bring the Special Olympics Maryland registration packet with them to ensure the correct paperwork is completed and can be submitted to their area program.

New

Also attached to this email is a voucher for discounted Women's Health Services through Minute Clinic for Special Olympics athletes.

Reminder: Athletes are not required to use MinuteClinic, but those who do not have a primary care physician may find this discount helpful.

(NEW) Play Unified with Colleges this spring!

PLEASE SHARE WITH YOUR ATHLETES & FAMILIES

We are excited to offer Unified Intramurals at 3 college campuses this spring! In this fun and competitive program, Special Olympics Maryland athletes team up with college students for intramurals on campus. Each program meets once per week for 1 hour.

All of these programs are play only--- there is no practice and no coaches. Athletes do not have to train and compete in the sport during the typical Special Olympics Maryland season to play Unified Intramurals. **Register Here:** https://wkf.ms/4aJQbic

Mount St. Mary's University	Soccer	Mondays- 6:30-7:30pm 3/25, 4/8, 4/15, 4/22, 4/29 *Note there is NO GAME on 4/1 because of Easter Break*
Towson University	Bocce	Wednesdays- 7:00-8:00pm 4/3, 4/10, 4/17, 4/24, 5/1, 5/8
University of Maryland	Bocce	Thursdays 7:00-8:00pm 4/4, 4/11, 4/18, 4/25, 5/2

If you have questions, please contact: UCS@somd.org

Register Here: https://wkf.ms/4aJQbic

(NEW) Mock Traffic Stops with Pathfinders for Autism

PLEASE SHARE WITH YOUR ATHLETES & FAMILIES

The SOMD Athlete Leadership Department encourages you to attend any of 3 Mock Traffic Stops opportunities about with Pathfinders for Autism. We have personally attended this program and it is excellent. Getting pulled over can be overwhelming and stressful. This training helps deal with some of those feelings and simulate a traffic stop. It is good for DRIVERS and PASSENGERS with intellectual and developmental disabilities and their families.

Click on the link to learn more and register https://bit.ly/49DkhT8

- Apr 18 Woodlawn (Baltimore)
- May 1 Laurel (Prince George's County)
- May 14 Frederick (Frederick County)

(NEW) Spring into Tennis with JTCC!

PLEASE SHARE WITH YOUR ATHLETES & FAMILIES

Don't wait until fall tennis season to get back on the court! JTCC in College Park continues their free Special Olympics Maryland tennis program this spring.

Dates: 4/7, 21, 28, 5/5, 19, 6/2, 9: No Class on May 12 (Mother's Day) or May 26 (Memorial Day Weekend) See the attached flyer for info

Registration:

https://docs.google.com/forms/d/e/1FAIpQLSc-

Z97mhKha3ADd9w7rxUwsodyunMueaxvACdRnRpG8E5Mhgg/viewform

American Council on Exercise- Feedback Needed!

PLEASE SHARE WITH YOUR ATHLETES!

The American Council on Exercise is creating inclusive fitness trainings. Special Olympics North America is looking for Athlete Leaders to participate in a virtual focus group and/or a virtual pilot program about fitness. See the attached flyer and email impact@ACEfitness.org if you are interested.

Fitness gear will be provided!

Family Webinar- Medicaid Matters

PLEASE SHARE WITH YOUR ATHLETES AND FAMILIES!

Did you know...Medicaid is the largest source of health coverage in the United States, covering 1 in 3 people with disabilities. But Medicaid is much more than just typical health insurance. Come to learn what makes Medicaid special, how Medicaid helps people with IDD live and work in the community, and the services and supports Medicaid can provide for you and your family. 60-minute webinar, followed by 30 minutes of Q&A. March 26, 2024, 5:00-6:50pm ET. Click here to Registration or scan the QR code in the attached one page.

Unified Trivia Night at SOMD- Get your teams together!

WHEN: Friday, April 12th, 2024. 6:30pm-8pm

We are looking for 7 Unified teams made up of 6 players each. A minimum of 50% of the team must be athletes. Let us know if you want to attend or form your team, and let Abby (aknight@somd.org) or Jason (jschriml@somd.org) know.

Don't have a team yet? We will put you on a team with others who are coming that evening.

(UPDATED) Spring Competition Calendar Getting Set

Areas are working diligently to prepare for their Spring sports seasons, including scheduling competitions. To assist in that planning, we're sharing the events with known dates that <u>have typically been open to multiple</u>
<u>Area programs</u>. These are also included in the attached sports calendar.

Loyola Swim Qualifier	Baltimore, MD	Loyola University	4/13/2024	Swimming
AA Spring Games Day 1	Annapolis, MD	Pasadena YMCA	4/20/2024	Swimming
AA Spring Games Day 2	Annapolis, MD	US Naval Academy	4/28/2024	Athletics (T&F), Bocce
CH Spring Games	Indian Head, MD	Lackey High School	5/4/2024	Athletics (T&F), Bocce, Swimming
AL Spring Games	Frostburg, MD	Mountain Ridge HS Frostburg State (SW)	5/11/2024	Athletics (T&F), Bocce, Swimming
BA Athletics (T&F) All Comers Meet	Owings Mills, MD	McDonogh School	5/11/2024	Athletics (T&F)
MO Swim Meet	Bethesda, MD	Stone Ridge School	5/11/2024 (tentative)	Swimming

CR Athletics (T&F) and Bocce All Comers	Westminster, MD	Westminster High School	5/18/2024	Athletics (T&F), Bocce
Softball Required Qualifier	Ellicott City, MD	Kiwanis Wallas Park	5/19/2024	Softball
MO Spring Games	Bethesda, MD	Landon School	5/19/2024	Athletics (T&F), Bocce
HO Track Meet	Columbia, MD	Wilde Lake High School	6/1/2024	Athletics (T&F)
HO Swim Meet	Columbia, MD	Steven's Forest Pool	6/2/2024	Swimming

Contact info is included on the sports calendar. Please note that each of these events has a maximum capacity and cannot accommodate an unlimited number of competitors (except for the Softball Required Qualifier). In addition some may already have other Area programs signed up for the event, so be sure to reach out to the designated contact (found on sports calendar) if you are interested in having your athletes attend.

If your Area is hosting a competition that is open to other programs, please complete and submit the sanction form (available on the CRP) and we will include it in the next Area Memo.

Area Program Sport & Activity Information Form

To more effectively capture the many programs and activities taking place in the community, we have put together a Training Program Information Form.

This form will help our state office stay more organized with up-to-date information on what programs are happening, where they're happening, and when they are happening.

Please submit 1 form for each sport/activity from your program using the link below: https://wkf.ms/3Kqg0Zp

To avoid duplicate submissions, Coaches, Sport Volunteers, and Sport Coordinators, please work with your Area Leadership on submitting this form as they may have done so already.

We ask that this is submitted by the registration deadline during each sport season.

If you have any questions, please contact Jeff Abel (jabel@somd.org).

Area Program Fundraiser Info Form

As we discussed in our Area Director meeting and on Monday's call, we'd like to get a better idea of the many fundraisers taking place around the state in support of Special Olympics Maryland. This will also help us advertise your events while also consolidating state office requests for credit card machines, Classy Pages, and more.

Moving forward, please fill out this form when you are planning a fundraiser.

Donation Information Corner

- Area Donation Tracking Link: please use this link to provide information to SOMD about any anticipated gifts that may come directly to the SOMD office or bank account: <u>Area Donation Tracking Report</u>
- 2. Private Donation Link for Honor/Memorial Donations and specific gifts from donors: If you have an individual donor or sponsor that has reached out to you and wants to make a donation to support your program directly, or if you would like to include a link for memorial donations, you can provide this PRIVATE donation link, but please remember, this link cannot be included on your local area website or sent out as an email blast. Please encourage donors to fill out the "Direct My Gift to" dropdown in the form. Private Giving Link Request

3. **Stock Giving Option**: please provide the information below to anyone who would like to make a gift of stock to your local area program. You can also notify SOMD that a gift is coming to support your program by adding this information to the <u>Area Donation Tracking Report</u>.

To make a gift of stock, please share this information with your financial advisor:

Morgan Stanley LLC DTC #0015

For the benefit of Special Olympics Maryland/633-117478

c/o: Morgan Stanley 650 S. Exeter Street, Suite 1100 Baltimore, MD 21202

4. **Matching Gifts**: Many companies generously offer to match their employees' charitable contributions. Some even provide matching funds to support employee volunteer hours. Most of these programs match contributions dollar for dollar, and some will even double or triple the amount of your gift!

<u>Click Here</u> to enter your employer's name to see if they participate in the matching gift program, and if they do, get a link to the matching donation page.

If you are aware of any matching gifts that may be coming in for your local area program, please notify SOMD that a gift is coming to support your program by adding this information to the <u>Area Donation Tracking Report</u>

(UPDATED) Pre-Season and Pre-Competition Coach Webinars

The dates and time for Pre-Season webinars have been set for the upcoming seasons. Please share this info with your coaches and sports volunteers.

Pre-Season Coaches Webinars (slides from recorded sessions are available on the respective CRP)

Sport	Date/Time	Registration / Recording Link	
Basketball	Thu, 11/16	Recording: https://youtu.be/JV4npXAvRu0	
Athletics	Tue, 3/26	https://somd.zoom.us/j/89836687632?pwd=0VR0qaGXjFKRAbh8C1xE2GZDJyOrlz.1	
(T&F)	6:00-7:00p	ittps://soma.zoom.us/j/89830087032:pwu-0vk0qaGAjFKKADH8CIXEZGZDJyOHz.1	
Bocce	Mon, 3/25	https://somd.zoom.us/j/85039689395?pwd=I5eaX3fp10CBMiad5pSkd5k4LW5ri3.1	
воссе	6:00-7:00p	<u>пітірэ.//soma.zoom.as/j/830339083333 : pwa-i3eax3iртосыміааэрэка3к4г.w3ri3.1</u>	
Cheerleading	Wed, 3/20	https://somd.zoom.us/meeting/register/tZUtdOusqTwtGtU8RYJihkBV5Es44zCvhfWQ	
Cheerleading	7:00-8:00p	Integration in the integral of	
Softball	Wed, 3/20	https://somd.zoom.us/meeting/register/tZYkdOmtpj4vEtPU6B7HXATAfgUrPpLbwYYo	
Softball	6:00-7:00p	nttps://somu.zoom.us/meeting/register/t21kdOmtpj4vEtF00b/mATAIg0FPLbw	
Swimming	Tue, 3/19	https://somd.zoom.us/meeting/register/tZUqdOCorjwqH92h0SGayLsT2XaaWAwly	
	6:00-7:15p		

Pre-Competition Coaches Webinars (slides from recorded sessions are available on the respective CRP)

Sport	Date/Time	Registration / Recording Link
Basketball (5v5 Trad & Unif)	Wed, 03/27 6:00-7:00p	https://somd.zoom.us/meeting/register/tZcsdO2grTluHNyHb4aDiJQFTOVhOn6UbfR0
Basketball (ISC, all 3v3, 5v5PDU)	Wed, 03/27 7:00-8:00p	https://somd.zoom.us/meeting/register/tZlscO2rpzljGtRkJdl3X4zqneBx-ccYB0No
Athletics (T&F)	Tue, 6/4 6:00-7:00p	https://somd.zoom.us/j/84616489303?pwd=je5aGNpNzuH5TFwg0LcRCmtb8R81pS.1
Bocce	Wed, 6/5 6:00-7:00p	https://somd.zoom.us/j/88104320430?pwd=omzcSayMbwkuqfKKcdg4CLZiukAdAb.1
Cheerleading	Tue, 6/11 7:30-8:30p	https://somd.zoom.us/meeting/register/tZlodOivrjgvGtyOPMoGuQ8yUBZX54YVGZi7

Softball	Tue, 6/11 6:00-7:00p	https://somd.zoom.us/meeting/register/tZYocOqurz8sHdxJupj2u0lJOh6eDnKEcf43
Swimming	TBD	

(UPDATED) Sports Department Contacts – Assigned Sports

Your Area Director and Area Leadership should always be your first point of contact. However, should you have questions regarding a specific sport, coach education, or competition, please work with the corresponding Sport Director.

Melissa Anger, Senior Sports Director

o manger@somd.org, 410.979.5112

Basketball Flag Football Locally Popular Sports: Volleyball

Cheerleading Softball

• Casey Collins, Sports Director

o ccollins@somd.org, 240.994.2631

Athletics Powerlifting Locally Popular Sports:

Distance Running Snowshoeing Equestrian Sports, Floor Hockey

Golf

• Elizabeth Kramer, Sports Director

o ekramer@somd.org, 443.716.8384

Alpine Skiing Kayaking Locally Popular Sports: Cross Country Skiing,
Cycling Swimming DanceSport, Figure Skating, Sailing

• Jake Novick, Sports Director

o jnovick@somd.org, 774.276.5861

Bocce Soccer Locally Popular Sports: Duckpin Bowling,
Bowling (10 pin) Tennis Pickleball, Short Track Speed Skating,

If you have questions regarding multi-sport events, or USA/World Games, please contact:

• Steve Bennett, Senior Director, Competitions

o sbennett@somd.org, 304.991.1421

Summer Games Fall Sports Festival USA Games Winter Games World Games

If you have questions regarding High School Unified® Sports (IUS) training and competition, please contact:

• Zach Cintron, Senior Director, High School Unified® Sports

o zcintron@somd.org, 973.862.0414

IUS Athletics (T&F)IUS Indoor BocceIUS TennisIUS Outdoor BocceIUS Strength & ConditioningIUS Flag Football

• Tyler Harrell, Manager, High School Unified® Sports

o tharrell@somd.org, 410.251.0331

IUS High School program logistics and coordination with Districts and Local School Systems

If you have questions regarding training/competition registration certifications or the processing of forms, please contact:

• Dottie Rush, Registration Manager

o drush@somd.org, 410.242.1515 x111

Overall Sports Leadership (any sports/competition questions that aren't related to a specific sport)

Mike Czarnowsky, Vice President, Sports

o mczarnowsky@somd.org, 410.241.6280

Questions?

If You Have Any Questions on Any Other Non-Sports-Related Issues, please contact a member of the Local Programs Team

• Jeff Abel, Vice President, Local Programs

- o jabel@somd.org, 410-242-1515 ex. 121
- Any general question

• Melissa Kelly, Senior Director, Unified® Champion schools

- o mkelly@somd.org, 410-979-5839
- Unified® Champion Schools, Youth Leadership, and School Engagement, Middle School Sports

• Julie Martin, Manager, Unified Champion Schools

- o jmartin@somd.org
- o Unified Champion Schools Grant, Youth Leadership and Whole School Engagement

Mackenzie Irvin, Senior Director, Inclusive Health & Fitness

- mirvin@somd.org, 857-939-4867
- Young Athletes Program, Elementary School programming

Kayla Shields, Director, Inclusive Health and Fitness

- o kshields@somd.org, 410-404-4115
- Healthy Athletes, Fitness Programs, Unified® Physical Education

Abi Bauman, Manager, Young Athletes Program

- o abauman@somd.org, 802-881-4623
- Young Athletes Program in school, community, and home

Sue Snyder, Unified® Physical Education Consultant

- o ssnyder@somd.org
- Unified® Physical Education

Sam Boyd, Volunteer Director

- o sboyd@somd.org, 443-766-9245
- o Volunteer Recruitment, Retention, Training

• Mike Myers, Sr. Director, Area Programs

- o <u>mmyers@somd.org</u>, 443-799-5335
- $\circ\quad$ All Area Programs- Primary POC for BA, HO, MO, AA, SM, CH, CL

Horace Dickerson, Region Director- Metro Programs

- o hdickerson@somd.org
- Baltimore City, Prince George's County

• Allie Boyd, City Schools Coordinator

- o aboyd@somd.org, 223-848-1210
- o Baltimore City Schools APE Sports Program

Kyler Mellott, Region Director- East

- o kmellott@somd.org, 814-470-9474
- Harford, Cecil, Kent, Upper Shore, Lower Shore

Matt Deal, Region Director- West

- o <u>mdeal@somd.org</u>, 240-329-1801
- o Carroll, Frederick, Washington Allegany, Garrett